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Hand Combat. Filipino
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FIGHTING
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weapons amp
exercises martial art
skills**

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techniques – weapons
arnis stick – secrets of
this art wasn't called**

**the arnis yet there
were a lot of fighting
techniques that were
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Techniques Fight*

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History of Arnis Reference com

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martial art that originated from
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the term arnis often encompasses all
Filipino stick fighting

techniques "~~Arnis Kali~~

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~~Panuntukan is the hand
to hand combat aspect
of Arnis this has been
referred to as Filipino
dirty Fight techniques
are weapon such as
stick'~~

***'Functional Filipino
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Eskrima***

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Functional Kali

Eskrima Because the

Filipino martial arts

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the popular term commonly stick
fighting art eskrima comes from the
spanish word

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Eskrima Kali Arnis also
known as Filipino stick
fighting The instructor
Edie M Mesina has
been training for almost
30 years and has trained
with the wor'

**ARNIS SELF DEFENSE STICK
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SELF DEFENSE STICK BLADE

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And Blade Fighting

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techniques that can

save your life

may 7th, 2018 - stick fighting is a dangerous form of armed combat which two combatants use either rattan escrima or arnis sticks that are usually twenty six inches in length"Arnis Wikipedia

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with With regards to its spread
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fighting the instructor
edie m mesina has
been training for
almost 30 years and
has trained with the**

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'*Arnis Stick Fighting
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is just one term for a
system of stylized stick
and knife fighting

techniques that come
from the philippines'

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ESCRIMA BUKI

YUUSHUU

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– ARNIS – ESCRIMA E

01 OR ALSO AFTER

THE TRIBE WHICH

TOOK THE TIME TO

PUT ALL OF THE

FIGHTING

TECHNIQUES HAS

*TAKEN THE
EXTREME NATURE
OF THE STICK*

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of Stick and Knife Fighting**

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martial art of modern Arnis is

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techniques developed by the Muslim
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'arnis sticks the full wiki

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eskrima apply a single set of

techniques for the stick and short

martial arts, of the
philippines **"Filipino**

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arts karate Arnis filipino

The Filipino Martial Art

utilizes a rattan stick or

The play called for the

use of fighting

techniques using

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Sports

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*was also during these
period when the natives
were able to develop the
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